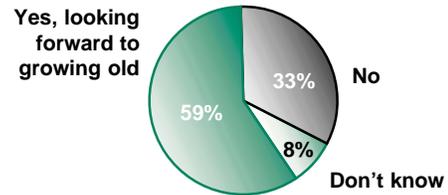


As Old As You Feel

Question: If you could choose your ideal age, how old would you like to be?

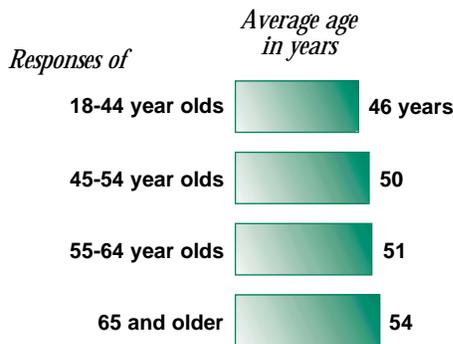
Responses of	Ideal age			
	25 or younger	26-40	41-50	Over 50
18-44 year olds	40%	41%	6%	6%
45-54 year olds	15	42	22	13
55-64 year olds	9	39	14	29
65 and older	12	21	16	36

Question: Are you looking forward to growing older, or not?



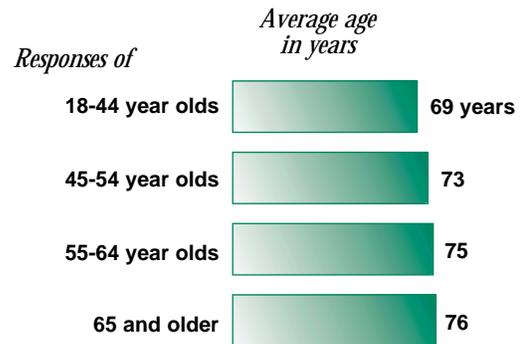
You're Middle-Aged When...

Question: At what age do you think someone becomes middle-aged?

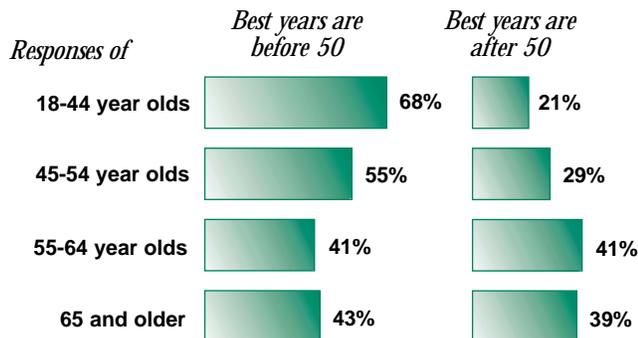


You're Old When...

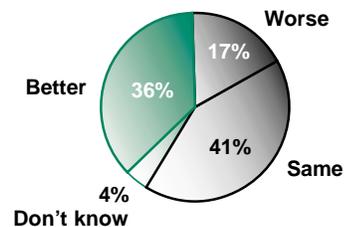
Question: At what age do you consider someone to be elderly?



Question: Generally speaking, do you think the best years of a person's life are before age 50 or after age 50?



Question: Now that you are older, do you think your life is better than it was when you were younger, or worse than it was or about the same as it was when you were younger?



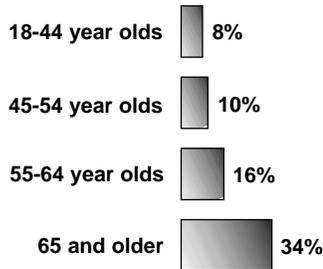
Note: Responses of those 60 years of age or older.

Source: All data on this page are from a survey by the *Los Angeles Times*, October 20-23, 1999.

Twilight Time

Question: ...Who do you live with? Do you live with your spouse or partner, or with your children, or with another family member, or with a friend, or do you live alone?

Percent responding they live alone



Question: How often are you lonely? Would you say very often, or fairly often, or fairly seldom, or would you say you are very seldom lonely?

Percent responding lonely
Often Seldom Never (vol.)

Responses of	Often	Seldom	Never (vol.)
18-44 year olds	13%	78%	8%
45-54 year olds	10	75	15
55-64 year olds	12	71	16
65 and older	11	72	16

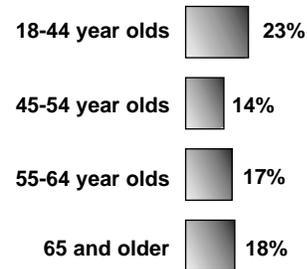
Question: How often are you depressed? Would you say very often, or fairly often, or fairly seldom, or would you say you are very seldom depressed?

Percent responding depressed
Often Seldom Never (vol.)

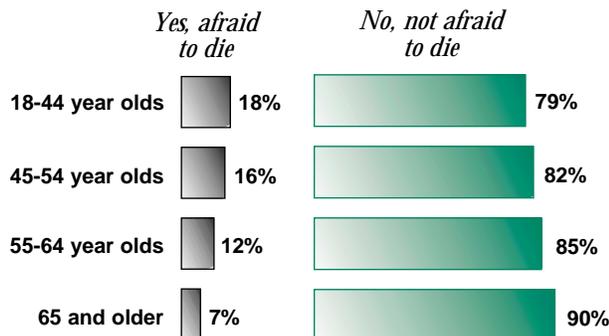
Responses of	Often	Seldom	Never (vol.)
18-44 year olds	15%	81%	4%
45-54 year olds	9	86	4
55-64 year olds	8	80	12
65 and older	9	75	15

Question: Most people think about death sometimes. Do you think about death very often, or fairly often, or fairly seldom, or very seldom?

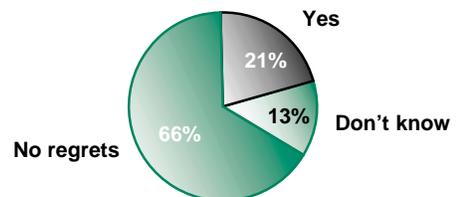
Percent responding very or fairly often



Question: Are you afraid to die, or not?



Question: Looking back over your life, are there any regrets, or things you wanted to do and have not done, or anything you wanted to say to someone that you have not said?...



Note: Responses of those 60 years of age or older.

Source: All data on this page are from a survey by the *Los Angeles Times*, October 20-23, 1999.